

THE RESPONSIBLES

PART 4: THE ME YOU CAN'T SEE

Most of the time, we do a great job of masking our internal motives with our external appearance. But what leaks out of us actually starts from within us. Jesus insists that lasting change works its way from the inside out.

CONNECT

What does your morning routine look like?

LEARN

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week to further explore what you talked about today.

APPLY

After sharing what stood out from the video, discuss the following questions as a group:

1. Why do you think it's easier to manage outward behavior than our inward life?
2. Has there been a time someone else's inner life "leaked" onto you. How did it affect you?
3. Andy asked, "Am I taking responsibility for the me nobody can see?" How does this question sit with you? How would you answer it?
4. Read **Mark 7:20–23**. Jesus talks about how destructive behaviors originate from within. Which internal patterns tend to show up in your external behavior?
5. Where do you currently have a gap between who you present yourself to be and who you actually are? What can your group do to help?

WRAP UP

Commit to completing a daily internal inventory next week. Here are some potential prompts:

- What's going on inside me right now?
- What am I worried about... or avoiding?
- What am I craving or planning in secret?
- Is there anything I need to own, confess, or make right?

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PRAY

As a group, invite God in to search and reveal what we would rather self-manage internally. Ask for courage to deal with what he reveals. Pray for integrity and for lives that match our faith.