



## **PART 1: THE INVITATION TO SUPER**

We're about to be invited to join an elite group of superheroes: the Responsibles. What makes them amazing is that they are taking responsibility for their lives. These incredible people refuse to make excuses, refuse to blame others, and understand that their irresponsibility eventually becomes someone else's responsibility.

### **CONNECT**

Growing up, who modeled responsibility well—or poorly—for you?

### **LEARN**

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week to further explore what you talked about today.

### **APPLY**

After sharing what stood out from the video, discuss the following questions as a group:

1. Have you ever considered that responsibility is something we are, not just something we do? Why do you think that is?
2. Andy said, "When we sweep irresponsibility under the rug, we leave part of ourselves under the rug." What do you think that looks like in your life?
3. Andy claims that our irresponsibility always impacts someone else eventually. Why do we underestimate that ripple effect? Have you ever had to clean up a mess that wasn't yours? What did that cost you?
4. Is there a relational, financial, emotional, or integrity gap you've helped create—intentionally or unintentionally? What would it look like to take responsibility this week, not someday?

### **BEFORE NEXT TIME**

Identify one responsibility you've been delaying, and take a concrete step toward owning it—an apology, a conversation, a payment, a boundary, or a plan.

# THE RESPONSIBLES

## PRAY

Invite God to reveal where you've avoided responsibility and to give you courage to take the next faithful step—out of love, not fear.