

# MODERN MEN

## &

# OUR ANCIENT SCRIPTS

## PART 1: LION & LAMB

There are outdated and often unexamined definitions of masculinity handed to us by culture, family, and tradition. Who actually gets to define what it means to be a man? We'll be looking to Jesus as the truest and most trustworthy model of strength, courage, and purpose.

### CONNECT

Who's your favorite actor? What makes them your favorite?

### LEARN

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week as a reminder of what you talked about today.

### APPLY

After the video, discuss the following questions as a group:

1. Growing up, how was masculinity defined for you? Did you align with it? If not, how did you compensate?
2. At the cross, we're all invited into a battle that every man wrestles with: the battle of self-denial vs self-satisfaction. How have you seen this battle play out in your life? Where have you seen the negative consequences of giving into self-gratification?
3. How do we go about deciding "what it means to be a man"?
4. Read **Luke 23:35–37** aloud.
  - How does this passage represent Jesus as both a lion and a lamb?
  - Are you more lion or lamb? What makes you say that?

### BEFORE NEXT TIME

Think about the "masculinity script" you were handed. Reflect on the ways in which your script has been both helpful and harmful. Ask yourself, "what's the script I want to pass on?"

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## PRAY

As a group pray together. Specifically, ask God to reveal where we are to battle self-denial and self-satisfaction. Ask for courage to do it well.